



Menu for Week 1

Feb 2017

Meal	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
<i>Breakfast 8:30am</i>	Raisin Bread/Yogurt Peaches Milk/Juice	Toast/Waffles Turkey sausage Milk/Juice Apple	Chex Cereal/Oatmeal Muffin/Toast Blueberries Milk/Juice	French Toast Sticks Yogurt Grapefruit/Grapes Milk/Juice	Boiled Egg Toast Blueberries Milk/Juice
<i>Lunch 11:30am</i>	Chkn Noodle Soup Carrots Orange Milk/Juice	Chicken Breast Peas&corn Strawberries Milk/Juice	Turkey Meat Balls Salad Orange Rolls Milk/Juice	Crackers & Ham Broccoli Peaches Milk/Juice	Pizza(miniatures) Orange Milk/Juice
<i>Dinner 3:30pm</i>	Chicken Breast Mac&Cheese Mix Veg Pineapples Milk/Juice	Rotisserie Chicken Wheat Crkrs Baked Potatoes Celery sticks Milk/Juice	Fish Sticks Yellow Rice Grnbean&Carrots Apple Sauce Milk/Juice	Turkey Burger Grn Beans Mixed Fruit Milk/Juice	Hot Dog w/Bun Baked Beans Celery Grapes Milk/Juice

All Meals are served Family style, with either milk, 100% fruit juice, or water.

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Civil Rights, and 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272.

Centers/ FCCH may substitute food items as necessary. / indicates choice of each item is offered. Food services at Time 2 Explore facility is monitored by the CACFP under guideline of USDA. **Breads:** Rolls, Whole Wheat bread, Toast, or Pasta.



Menu for Week 2

Feb 2017

<i>Meal</i>	<i>Monday 13</i>	<i>Tuesday 14</i>	<i>Wednesday 15</i>	<i>Thursday 16</i>	<i>Friday 17</i>
<i>Breakfast 8:30am</i>	Toast Turkey Sausage Apple Milk/Juice	Graham cracker/ w/cream cheese or Yogurt Muffin Strawberries Milk/Juice	Muffin/Toast Yogurt Orange Milk/Juice	Oatmeal Toast Peaches Milk/Juice	Cheerios/Toast Bananas Milk/Juice
<i>Lunch 11:30am</i>	Beef Stew Carrots Orange Milk/Juice	Roasted Turkey Sand. Salad Pineapple Milk/Juice	Spaghetti w/Turkey meat sauce Apple sauce Milk/Juice	Baked Chkn Crackers/Corn Grapes Milk/Juice KI--	Pizza Peaches Milk/Juice
<i>Dinner 3:30pm</i>	Turkey Mashed Potatoes Rolls Mixed fruit Milk/Juice	Grilled Chkn Baked Potatoes Roll Apple Milk/Juice	Turkey Burger w/Bun Grn Beans Orange Milk/Juice	Ham & Crkrs Broccoli Blueberries Milk/Juice	Ramen Noodles Chkn Breast Peas Grapes Milk/Juice

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Menu for Week 3

Feb 2017

<i>Meal</i>	<i>Monday 20</i>	<i>Tuesday 21</i>	<i>Wednesday 22</i>	<i>Thursday 23</i>	<i>Friday 24</i>
<i>Breakfast 8:30am</i>	Cheerios/Toast Blueberries Milk/Juice	Oatmeal Toast Peaches Milk/Juice	Chex Cereal/Muffins/Eggs Apples Milk/Juice	Pancakes & Turkey Sausage Pineapple Milk/Juice	French Toast Sticks/ Banana Mango Milk/Juice
<i>Lunch 11:30am</i>	Chkn Noodle Soup Carrots Orange Milk/Juice	Baked Ham Ritz Crker Broccoli Peaches Milk/Juice	Meat Loaf Sautéed Potatoes French Bread Pineapple Milk/Juice	Rotisserie Chkn Corn Rolls Strawberries Milk/Juice	Pizza Peaches Milk/Juice
<i>Dinner 3:30pm</i>	Grilled Cheese on Wheat Peas&Carrots Apple Milk/Juice	Tuna & Crkrs Celery Orange Milk/Juice	Turkey Hotdogs w/ Bun Cucumbers Peaches Milk/Juice	Chkn Breast Ramen Noodles Peas Grapes Milk/Juice	Chili Corn Tortilla Chips Salad Applesauce Milk/Juice

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Menu for Week 4

Feb/Mar 2017

<i>Meal</i>	<i>Monday 27</i>	<i>Tuesday 28</i>	<i>Wednesday 1</i>	<i>Thursday 2</i>	<i>Friday 3</i>
<i>Breakfast 8:00</i>	Raisin Bread/Yogurt Peaches Milk/Juice	Yogurt, Brkfst Bar, or Cheerios Blueberries Milk/Juice	French Toast or Yogurt Strawberries Milk/Juice	Pancakes Turkey Sausage Orange Milk/Juice	Corn Flakes/Grahams or Yogurt Banana Milk/Juice
<i>Lunch 11:30am</i>	Baked Chkn French Rolls Baked Potatoes Pineapples Milk/Juice	Turkey Hot Dog w/bun Baked beans Peaches Milk/Juice Milk	BBQ Chkn Wingettes Corn Bread Grn Beans Grapes Milk	Roasted Turkey Sand. Salad Pineapple Milk/Juice	Spaghetti w/Turkey meat sauce Mango Milk/Juice
<i>Dinner 3:30pm</i>	Stir Fry Chkn Brst or Beef Sweet Potatoes Rolls Mixed fruit Milk/Juice	Roasted Chkn Yellow Rice Broccoli Apple Sauce Milk/Juice	Turkey Meat Balls or Round Stk Squash Corn Bread Apple Milk/Juice	Honey Baked Turkey Salad Ritz Crackers Pineapple Milk/Juice	Salmon Rolls Carrots Grapes Milk/Juice

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Menu for Week 5

Mar 2017

<i>Meal</i>	<i>Monday 6</i>	<i>Tuesday 7</i>	<i>Wednesday 8</i>	<i>Thursday 9</i>	<i>Friday 10</i>
<i>Breakfast 8:00</i>	Oatmeal/French Toast/Yogurt Peaches Milk/Juice	Chex Cereal/Toast Yogurt Apples Milk/Juice	Pancakes Yogurt/Turkey Sausage Orange Milk/Juice	Oatmeal, French Toast/Yogurt Pineapples Milk/Juice	Cheerios/Muffin/Toast Blueberries Milk/Juice
<i>Lunch 11:30</i>	Chicken Breast Corn Bread Carrots Orange Milk/Juice	Roasted Turkey Baked Potatoes or Corn Rolls Mixed fruit Milk/Juice	Spaghetti w/Turkey meat sauce Peaches Milk/Juice	Turkey Burger w/Bun Grn Beans Mixed Fruit Milk/Juice	Chuck Roast Roll Scallop Potatoes or Cucumbers Banana Milk/Juice
<i>Dinner 3:30pm</i>	Grilled Cheese on Wheat Applesauce Peas&Carrots Milk/Juice	Chicken Tortillas Raw Carrots Banana Milk/Juice	Chicken Salad Sand. Celery Oranges Milk/Juice	Turkey Ham Salad Rolls Grapes Milk/Juice	Meat Loaf or Yogurt Mashed Potatoes Apple Corn Bread Milk/Juice

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